



**50 Dubai Roadsters
Cycling+Triathlon Newsletter
25/2/2008**



Hello all!

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Storck Aero

www.storck-bicycle.de

Be amazed!

1. **Dubai 24-hour MTB race**

Attention all mountain bikers!

A 24-hour (and 6 hour option) race is being organized to be held here in Dubai on 13-14 March 2008.

The 4km loop course is at Mamzar Park.

Information and registration forms are available at Wolfi's Bike Shop or directly on the website www.24h-of-dubai.com

The course won't be technical but the pace will be fast. There are various categories that you can enter; solo rider, teams of 2 or 4, mixed gender teams.

There is also a 6-hour night ride option for solo riders.

Come in to WBS and grab an entry form or go onto the website and check it out www.dubairoadsters.com/events_calendar.html

2. Wednesday night MTB training rides

Every Wednesday night at 7.30pm you can join a bunch of people who are training for the 24-hour MTB race to be held here in Dubai early next month.

Get yourself some valuable experience in riding off-road after dark.

Everyone meets at the mosque car park in Nad al Sheba at 7.30pm.

Bring your lights!

3. Beginner's Ride at Nad al Sheba on Sunday 2 March

If you are new to bunch riding and would like some personalised instruction and advice from Wolfi, then please come along on Sunday. We meet at the mosque car park at 7.30pm. There will be some verbal instructions then we'll go out and do some laps and put it into practice. Any questions please contact david@wbs.ae

4. Chris & Helen and their new adventure with PyrActif

We have to shortly say goodbye to Helen and Chris as they are relocating from Dubai to the French Pyrenees. They're continuing their love of cycling by offering a variety of cycling tour and holiday options. Take a look at their website www.pyraktif.com and make a booking!





If you're planning on cycling in the Pyrenees then PyrActif, a small, friendly, English & French-speaking company offers road and mountain bike holidays designed to give you the very best experiences of riding in these spectacular mountains.

Our tours range from fully supported trans-Pyrenean epics taking you over a dozen of the great cols of the Tour de France, through High Pyrenees mountain bike 'raids' to DIY options where your rides can be tailored each day according to how your legs are feeling. We also provide a perfect location from which to witness the drama of Tour de France mountain stages at close quarters, or to base yourself from for your Etape 2008 race-day or recce efforts.

With some of the best organised and most challenging French cyclosporatives taking place 'on our doorstep' each year, we're brilliantly placed to satisfy riders looking to add a dash of 'race' excitement to their riding in this beautiful and welcoming region.

5. Mermaids of the Musandam

Hi there!

Time to invest in yourself and head out of the city to the breathtaking Musandam – the Norway of the Middle East !

Please find attached a flyer with details on my next three dhow retreats – would love to see you on one of them !

Please feel free to circulate to your friends , family, work mates – anyone you feel would benefit from some time out in nature

Dive into the sea of possibility and manifest your wildest dreams !

Contact me directly for full trip notes - you will love it !

In the spirit of adventure

Jules

MERMAIDS OF THE MUSANDAM

BACK TO NATURE – BACK TO YOU!
WEEK-END RETREATS FOR WOMEN.
20–22ND MARCH / 17–19TH APRIL / 22–24TH MAY



Mountain High invites you on a voyage of self discovery with Julie Amer aboard the Al Marsa Dhow, experience the pristine fjords of the Musandam, swim, snorkel, kayak, refresh, renew & recharge. Workshops on goal setting, creating your own vision boards & manifesting abundance based on the universal law of attraction. Morning meditations, inspirational books, time to re-connect with yourself. Dhs2,950 per person includes 2 nights cabin accommodation on twin share basis, all meals, activities & workshops. Transportation to Dibba can be arranged. Invest in yourself!

For more information and full trip dossier contact Julie Amer
jules@mountainhighme.com or call on 050 6595536.



6. Dubai Roadsters featured on "Out and About" on Dubai One TV

The Dubai Roadsters will feature on Dubai One's "Out and About" on Friday 29th February at 8pm with a repeat screening on Saturday 30th February at 7pm.

Put these dates into your diary so you don't forget to watch!

7. "Emirates Woman" Woman of the Year Awards

Anyone who reads Emirates Woman may have seen that two of our ladies have been nominated in the Sports Category for **EW Woman of the Year Award!** They are: **Helen Rodd** who works endlessly to help me run the events and website aspects of the Tri Club, and **Jillian Burns** who is a 10X plus Ironman finisher from Abu Dhabi. To vote all you have to do is:

Send email to emirateswoman@motivate.ae
Type Helen Rodd or Jillian Burns in the subject box
Include your name and contact number

Let's promote the energy and passion of Triathlon by voting for these great Triathletes!

8. Dubai Roadsters have Road Rides for everyone

www.dubairoadsters.com



I want to remind everyone that the Dubai Roadsters have group rides every Tuesday and Sunday evenings at Nad Al Sheba. This is on a loop circuit and caters to all levels of rider. Most of the riders are here between 5pm and 10pm, though there are always riders training here, and you can finish whenever you wish.

For the more experienced there is a longer Ride every Friday morning, starting at the Lime Tree Café on Jumeirah Beach Road at 6.00am. This ride attracts around 70 riders and there are 3 distances that you can do; 70km, 100km, or 120km. The Ride finishes at the Café where you can enjoy a great coffee and meet all your fellow cyclists.

If you would like further information about these rides including maps, please email me at david@wbs.ae and I will send the information to you.

9. Hot Cog is the Dubai-based MTB Club



A group of mountain bikers & Free riders that hold regular Friday offroad rides throughout the year (even in summer)

If you like rough & rocky singletrack, technical riding and the odd bit of 4WD track and have a loathing of tarmac or

anything smooth....
then this is the club for you...

THIS IS NOT A BEGINNERS GROUP

We regularly have biking/camping/BBQing/4WDing weekends too where non bikers are welcome..

If you would like more info or get yourself added to the regular mailing list on what's happening at the weekends and sometimes during the week then drop me an email
lavadesign1@mac.com

Other News